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Lifestyle: Smooth Brew

Newsweek

If you're among the millions of coffee drinkers who suffer from heartburn, indigestion or acid reflux, there's good news. A handful of roasters have introduced new "stomach-friendly" blends, boasting lower acidity or special purification processes. TIP SHEET gave some a taste:

Puroast Low Acid Coffee: Our testers ranked this Venezuelan blend No. 1 for its "nutty aroma," "robust flavor" and "smooth, almost chocolaty taste" ([puroast.com](#)).

Folgers Simply Smooth: Procter & Gamble says it uses a special roasting process. Our testers called it "decent," but with a "watered-down" flavor and surprising bitterness (in stores).

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Mind Your Tummy blend: More flavorful and well rounded than Folgers, but testers noted a slight bitter aftertaste ([coffeeam.com](#)).

Johann Wulff's Gentle Java: A patented purification process reduces or eliminates impurities and potential irritants. Testers found the aroma "rich and seductive," but said the coffee is not, calling it "mild" and "smooth but flavorless" ([theconsideratecoffee.com](#)).

-Jennifer Barrett

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